



REVIVE

Detox Retreat

With Health & Fitness Coach Martine Mikhail

2 NIGHTS & 3 DAYS PACKAGE

Arrival Friday 17th October 10.00 to Sunday 19th October 20.00

REVIVE your mind and body at our detox retreat in the serene embrace of sunshine and mountains.

€370 EARLYBIRD PROMO PRICE BEFORE 31ST DECEMBER 2024
~~€420~~ PP Fullboard inc. Coach Transfers from El Campello.

Accommodation:

Stay in a stylish country chic king or twin room with ensuite. (Price based on 2 people sharing, choice of room on a first come first serve basis.) All rooms with beautiful pool, sea and mountain view with own terrace. *Maximum 12 guests.

Food included in the detox programme:

Wake up to an energising smoothie, a detox lunch smoothie/soup, an afternoon refreshing snack juice and a delicious alkaline based vegetarian gourmet dinner each evening. Unlimited water and herbal teas.

Entertainment:

Daily Guided Morning Walks - 2 Fitness Classes a day including Hatha/Yin Yoga, Pilates, Bootcamp, Hiit, Barrefit & Dancefit - Creativity Workshops - Mindfulness Workshops - SPA Workshops - Cooking & Nutrition Talks - Body Composition Reports - Games Night - Free Time for Sunbathing, Optional Massages or Mountain Biking.

WITH THE EARLYBIRD OFFER THERE ARE NO REFUNDS - NAME CHANGES ALLOWED, HOWEVER IF YOU PAY FULL PRICE YOU HAVE UPTO 60 DAYS BEFORE EVENT FOR A FULL REFUND.

PAYMENT ACCEPTED IN 3 INSTALLMENTS

RESERVED

Contact Martine: 0034 688 794916

WEB:REVIVERETREATSSPAIN.COM

LOCATION: FINCA EL OTERO

Calla Atalaya 60, Aguas de Busot,
Spain, 03569



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THE FIG ROOM



THE ALMOND ROOM



THE POMEGRANATE ROOM



THE CAROB ROOM



THE OLIVE ROOM



THE PINE ROOM

Cleansing alkaline based food & drink included for 3 days

- Breakfast & lunch smoothies aswell as the mid day snack juice
- Gourmet vegetarian dinner by the fantastic in-house chef
- All water & herbal teas
- Healthy snacks



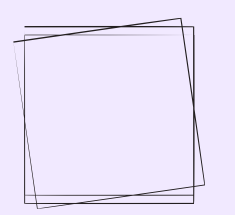
ROOM CHOICES

The retreat guests have exclusive access to the swimming pool, lounge & garden areas throughout their stay.

Based on 2 sharing - first come first serve

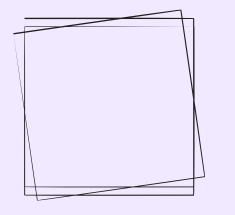
The Fig Room Modern Superior

king or twin - aircon - shower room with free toiletries & hairdryer - private terrace with pool & mountain views.



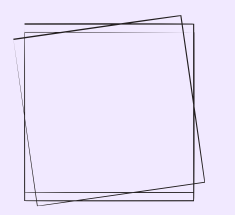
The Pomegranate Room Modern Superior

king or twin - aircon - shower room with free toiletries & hairdryer - private terrace with pool & mountain views.



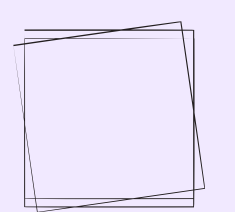
The Olive Room Standard king

king - enriched with olive wood - aircon - shower room with free toiletries & hairdryer - private terrace with pool & mountain views.



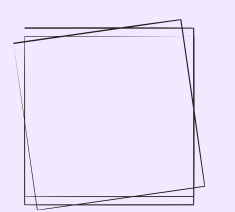
The Almond Room Standard king

king - earthy tones with blue entwined - aircon - shower room with free toiletries & hairdryer - private terrace with pool & mountain views.



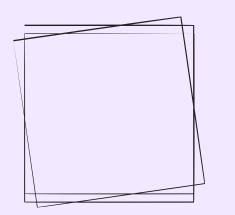
The Carob Room Standard king and Single Room

king - earthy tones to reflect colours of the carob - aircon - shower room with free toiletries & hairdryer - private terrace with pool & mountain views.



The Pine Room Standard king

twin - embraced by the pine tree - aircon - shower room with free toiletries & hairdryer - private terrace with pool & mountain views.



***If fully booked we can arrange extra accommodation close by.**

ENJOY YOUR STAY!

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EXAMPLE ITINERARY

- 8.00 STUNNING GUIDED SUNRISE WALK IN AIGUES
- 9.15 ENERGISING BREAKFAST DETOX SMOOTHIE
- 11.30 FREE TIME OR DANCEFIT/BARREFIT OR LBT
- 13.00 CLEANSING DETOX SOUP
- 13.30 CREATIVITY OR NUTRITION OR LIFE COACHING CLASS
- 15.30 FREE TIME
- 16.30 DELICIOUS SNACK JUICE
- 18.00 GOURMET VEGETARIAN DINNER BY RESIDENT CHEF
- 19.30 HATHA OR YIN YOGA WITH GUIDED MEDITATION

SWITCH OFF YOUR PHONE & EXPERIENCE TIME AWAY AT THE MOST BEAUTIFUL AND TRANQUIL LOCATION UNDER THE MOUNTAINS OF AIGUES, JUST 10 MINUTES AWAY FROM CAMPELLO.

RELAX AND/ TAKE PART IN AS LITTLE OR AS MUCH OF THE ACTIVITIES AS YOU WISH. THE PROGRAMME HAS BEEN CREATED TO HELP DETOX AND REVIVE THE BODY AND MIND... SO YOU CAN EXPECT TO LEAVE THE WEEKEND FEELING A NEW LEASE OF LIFE & LOSING BETWEEN 3 - 7 LBS.

WE HOPE THE EXPERIENCE WILL BE TRANSFORMATIONAL!

[RESERVE NOW](#)

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